

Early Childhood- Children's Circle Classrooms

- Focus: Basic Body Safety/Awareness
 - bathing suit concept
 - who is a trusted adult
 - how to say "no"
- Read: "Some Parts are not for Sharing"
- Watch: "[Joey Learns the Touching Rule](#)"
- Discussion of video and concepts
 - Types of questions following video:
 - Did Joey learn a rule about touching?
 - Did he learn something about secrets about touching?
 - Did he learn that no one should touch our private body parts except to keep us clean or healthy?

Early Childhood- Self-Contained and Communications Classrooms

- Focus: Basic Body Safety/Awareness
 - Bathing suit concept
 - People who can touch you
- Read: "Some Parts are not for Sharing" by Julie Federico
 - Available through interlibrary loan or Amazon
- Activity Options
 - Bathing Suit Visual/Activity
 - Doll (Boy and Girl) with bathing suits
 - Circles Visual/Activity: Red large, Blue Middle, Purple Small center. Red- No touch people, Blue- Family/health care worker/teacher for toileting, Purple-Self. Attach photo examples.

Kindergarten

- Focus: Ownership and Control of their bodies
 - reinforce bathing suit concept and "private parts"
 - how to say "no"
 - telling an adult
- Read: "Your Body Belongs to You" by Teri Weidner
 - available at the Arlington Heights Memorial Library and Amazon
- Watch: "[Joey Learns the Touching Rule](#)"
- Discussion of video and concepts
 - Types of questions following video:
 - Did Joey learn a rule about touching?
 - Did he learn something about secrets about touching?
 - Did he learn that no one should touch our private body parts except to keep us clean or healthy?
- Activity: Bathing Suit coloring sheet

1st Grade:

- Focus: Ownership of Your Body
 - Touching Rule
 - Safe vs. Unsafe Touch
 - Words to say
 - No/Go/Tell
- Read: "It's MY Body" by Carol Deach
 - available at the Arlington Heights Memorial Library and Amazon
- Present: 1st grade slide presentation
- Activity: No Go Tell coloring sheet

2nd Grade:

- Focus: Secret Keeping
 - Touching Rule
 - When to keep a secret and when to tell
 - Good vs bad secrets
 - Who you can tell
- Read: "The Trouble with Secrets" by Karen Johnson
 - Available through interlibrary loan or Amazon
- Discussion:
 - Students will discuss the book, identifying secrets that make the characters happy and secrets that make the characters sad
- Activity: Good Secret Box
 - The social worker will have a box for secrets. Students will be given cards with different types of secrets. They will practice identifying the secrets as "good", which can be kept and placed in the box, and "bad", which have to be shared with an adult
- Exit Slip

3rd Grade:

- Focus: Privacy
 - Review of the "Touching Rule"
 - What "PRIVATE" means
 - Different situations where you would say no (this is covered in the book)
- Present: 3rd Grade slide presentation
- Read: Fred the Fox Shouts "No!" (after presentation), by Tatiana Matthews
 - Available through interlibrary loan or Amazon
- Activity: Boss Be a Hero Worksheet
- Exit Slip

4th Grade:

- Focus: Secrets
 - Good and Bad Secrets
 - Talking about secrets
 - It's OK to tell
- Present: Personal Body Safety Presentation
- Read: "Some Secrets Should Never be Kept" by Jayneen Sanders
 - On order for the Arlington Heights Memorial Library and available at Amazon
- Activity: Discussion Questions from back of Some Secrets Should Never Be Kept
- Activity: Adults I Can Tell worksheet
- Exit Slip

5th Grade:

- Focus: It's Ok to Tell Someone
 - Who is your support system?
 - How do you tell?
- Read and Discuss: Please Tell! a child's story about sexual abuse
- Present: 5th Grade PowerPoint
- Activity: Create a Safety Network Worksheet (list 5 adults who will always protect them and always believe them)
- Exit Slip

Communications Classrooms K-5

- Picture presentation/interactive activity on bathing suit area and identifying trusting adults.
 - Activity Options
 - Bathing Suit Visual/Activity
 - Doll (Boy and Girl) with bathing suits
 - Circles Visual/Activity: Red large, Blue Middle, Purple Small center. Red- No touch people, Blue- Family/health care worker/teacher for toileting, Purple-Self.

Foundations K-5

- K-1:
 - Focus: Basic Body Safety/Awareness
 - bathing suit concept
 - who is a trusted adult
 - how to say "no"
 - Read Some Parts are Not for Sharing -
 - Watch: "Joey Learns the Touching Rule" dvd, stop at "babysitter"
 - Types of Questions following video:

- Did Joey learn a rule about touching?
 - Did he learn something about secrets about touching?
 - Did he learn that no one should touch our private body parts except to keep us clean or healthy?
 - 2-5:
 - Focus:
 - Your Body Belongs to You - Focus: Ownership of Your Body
 - Touching Rule
 - Safe vs. Unsafe Touch
 - Words to say
 - No/Go/Tell
 - Read: "It's MY Body" (can copy pictures into a powerpoint)
 - Present: 1st grade slide presentation
 - Activity: No Go Tell coloring sheet

Middle School:

6th grade

1. Empowerment Presentation
2. Adults I can Trust web: Handout
3. Exit slip

7th Grade

1. Harassment Presentation
2. Video on sexual harrasment: <https://www.youtube.com/watch?v=YTQ3UP-0oil>
3. Exit slip

8th Grade

1. Teen Dating Violence Presentation
2. Video on teen dating violence: https://www.youtube.com/watch?v=1tk6_FPr66Y
3. Stay or go exercise
4. Exit slip